

Royal Baking Powder

Absolutely Pure

Made from Pure Grape Cream of Tartar

In baking powder Royal is the standard, the powder of highest reputation; found by the United States Government tests of greatest strength and purity.

It renders the food more healthful and palatable and is most economical in practical use. Housekeepers are sometimes importuned to buy alum powders because they are "cheap." Yet some of the cheapest made powders are sold to consumers at the highest price.

Housekeepers should stop and think. Is it not better to buy the Royal and take no chances—the powder whose goodness and honesty are never questioned?

Is it economy to spoil your digestion by an alum-phosphate or other adulterated powder to save a few pennies?

ROYAL BAKING POWDER CO., NEW YORK

THE CHURCHES.

First Presbyterian.
Rev. George L. Curtis, Pastor. Sunday services: Morning worship 10:30 Sabbath-school, 12:10. Christian Endeavor, 7:00. Evening worship, 7:45 o'clock. Prayer-meeting each Wednesday night.

Westminster Church.
Rev. George A. Pauli, Pastor. Divine worship at 10:30 A. M. and 7:45 P. M. Sunday-school at 12 M. Young People's Prayer Meeting at 6:45 P. M. A cordial welcome to all.

Park Methodist Episcopal.
Rev. Dr. C. S. Woodruff, pastor. 9:45 A. M. Church Services at 10:30 A. M. and 7:30 P. M. Sunday-school at 12 M. Vesper service Epworth League at 8 P. M. Tuesday evening's classes meet at 8 P. M. Wednesday evening prayer services at 8 P. M. Friday afternoon at 3 o'clock Junior Epworth League.

German Presbyterian.
Sunday services: Preaching by the pastor, Rev. Emil J. Pittinghaus, at 10:30 A. M. and 7:30 P. M. Sunday-school at 12:15 P. M. Prayer-meeting, Tuesday at 8 P. M. Young People's Society, Friday, at 8 P. M. Young Men's Christian Association meets on Thursday evenings at 8 P. M.

First Baptist Church.
Rev. Fred W. Bula, pastor. Sabbath preaching services at 10:30 A. M. and 7:30 P. M. Sunday-school at 12 M. Young Men's Prayer and Social Union, Sabbath at 6:45 P. M. Christian Endeavor meeting Tuesday at 8 P. M. General Prayer and Conference meeting Wednesday at 8 P. M. Junior Endeavor Friday at 3:30 P. M. Everybody welcome. All seats free.

Glenn Ridge Congregational.
Corner of Edgewood Avenue and Third Street. Rev. Elliott Wilbur Brown, D.D., pastor. Sunday morning worship at 10:45; Sunday-school, 12 M.; Young People's Society of Christian Endeavor, 7:30 P. M. Evening worship at 7:45; Church prayer-meeting Wednesday at 8 o'clock.

Watsonville M. E. Church.
Rev. S. Traversa Jackson, D.D., Pastor. Devotional Meeting, 9:30 A. M.; Preaching, 10:30 A. M., subject, "Good Cheer." Sunday-school at 2:30 P. M.; Epworth League, at 6:30 P. M.; Resolving at 7:30 P. M., subject, "Does Death End All?"

Church of the Sacred Heart.
The Rev. J. M. Nardiello, pastor. First Mass, 8:30 A. M. Mass and sermon, 9:30 A. M. High Mass and sermon, 10:30 A. M. Sunday-school, 3 P. M. Vesper services, 8:30 P. M.

East Orange Baptist Church.
Prospect Street. Services at 11 o'clock A. M. and 7:45 P. M. Sunday School at 2:30 P. M. Prayer-meeting at 7:45 P. M. Friday evening.

Montgomery Chapel.
Wilson S. Phares, Superintendent. Preaching every Sunday evening at 8 o'clock. Services of Song at 7:45 P. M. Sunday-school at 9 P. M. Young People's meeting at 7:15 P. M.

During the week the gymnasium and reading-room will be open for men and boys on Monday, Tuesday, Wednesday and Saturday evenings from 7:30 to 10 P. M., and on Saturday afternoon from 2:30 to 5:30 P. M.; for ladies and girls on Thursday evening from 7:30 to 10 P. M. Montgomery Chapel Cadets will drill on Friday evening.

Church Episcopal.
Corner Bloomfield and Park Avenues. The Rev. Edwin A. White, rector. SUNDAY SERVICES: Celebration of Holy Communion, 8 A. M. Morning prayer and sermon, 11 A. M. Sunday-school at 9:50 A. M. Choral Evensong, 4:30 P. M.

Unity Church (Unitarian).
Unity Church (Unitarian) Church Street, Montclair. Sunday, February 18, Rev. John Wallace Cooper, Ph. D., of Pittsburg, Pa., will preach. Subject, "The Christian Idea of Man." Services begin at 10:45. The seats are free and all are welcome.

VARIETIES OF CRAMPS.

Curious Afflictions of Men in Various Walks of Life.
One of the curious consequences of the modern division of labor is the cramp that attacks those who constantly use their hands in one particular manner.

Writing cramp was the first to appear, being quite unknown until the introduction of steel pens. It affects men far oftener than the fair sex, and, singularly, those who suffer are not literary men, but copyists. It is almost incurable, and even when the left hand is used the cramp very soon crosses over to it.

Musicians of every kind are attacked. Among pianists it is chiefly ladies ambitious to become professionals who are the victims. Violent pain, weakness and fatigue of the arm make playing an impossibility. Violinists are affected both in the fingers of the left hand and the hand that holds the bow. Clarinet players get cramps of the tongue, and flute players get cramp in the larynx.

Telegraphers suffer very often, and they call it "loss of the grip." Tailors get cramps in legs as well as hands. Smiths and carpenters get what is called "hammer cramp," resulting from the enormous number of blows struck. It is estimated that a forger of knives and scissors strikes 28,000 blows every day.

Drivers get cramps in the hand, especially in the case of those who break in hard mouthed horses. Cigarmakers, watchmakers, photographers, auctioneers, sawyers, billiard players, dentists, turners, stampers, weavers, painters, money counters and ballet dancers—all suffer from their own peculiar cramps and often so severely that they have to exchange their employment for some other.

CRIMINAL BEES.

Honey Gatherers That Have Very Loose Moral Ideas.

Almost every form and variety of human crime is to be found among bees. Buchner in his "Psychic Life of Animals" speaks of thieving bees which, in order to save themselves the trouble of working, attack well stocked hives in masses, kill the sentinels and the inhabitants, rob the hives and carry off the provisions. After repeated enterprises of this description they acquire a taste for robbery and violence. They recruit whole companies, which get more and more numerous, and finally they form regular colonies of brigand bees.

But it is a still more curious fact that these brigand bees can be produced artificially by giving working bees a mixture of honey and brandy to drink. The bees soon acquire a taste for this beverage, which has the same disastrous effects upon them as upon men. They become ill disposed and irritable and lose all desire to work, and finally, when they begin to feel hungry, they attack and plunder the well supplied hives.

There is one variety of bees—the apheodes—which live exclusively on plunder.

How to Rest.

To understand how to rest is of more importance than to know how to work. The latter can be learned easily. The former it takes years to learn, and some people never learn the art of resting. It is simply a change of scenes and activities. Lending may not be resting; sleeping is not always resting; sitting down for days, with nothing to do, is not restful. A change is needed to bring into play a different set of faculties and to turn the life into a new channel. The man who works hard finds his best rest in playing hard; the man who is burdened with care finds relief in something that is active, yet free from responsibility. Above all, keep good natured and don't abuse your best friend, the stomach.

Hopping From World to World.

Few children reach the age of eight years without having worked out a cosmology of their own and their own system of metaphysics. A group of youngsters of that mature age were going home from school the other day when one began to instruct the others what to do in case of a certain crisis. "When the end of the world comes do you know what you want to do?" asked the mannik. "Well, you want to give a little jump like this. The world will slip out from under you, and you'll be right on the one a-followin' it and be all right." Then the youngsters began practicing the sort of jump that was necessary to give them immortality—Kansas City Times.

Algebra.

The science of algebra is said to have been the invention of Mohammed of Bagdad about 850 A. D. The science was introduced into Spain by the Moors. The first treatise on the subject in any European language is believed to have been that by Luca Pacoli in 1494. The first English algebra was written by Robert Recorde, teacher of mathematics, at Cambridge about 1557. He was the first to use the sign of equality.

In the Frozen North.

"I suppose the native chiefs set elaborate tables." "Yes," said the eminent Arctic explorer guardedly; "they usually put on a good deal of dog."—Louisville Courier-Journal.

Innocence.

He—Has she been married long? She—No, but she still thinks that her husband eats cloves because he likes them.—San Francisco Call.

There's nothing but what's delectable as long as a man can work.—Elliot.

BLOOMFIELD TRUST CO.

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3 PER CENT. Interest on Deposits Subject to Check.
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REPORT OF THE CONDITION OF

the Bloomfield Trust Company of Bloomfield, N. J., at the close of business April 6, 1906.

| RESOURCES. | Amount. |
|---------------------------|--------------|
| Bonds and mortgages | \$243,600 00 |
| Stocks and bonds | 298,666 75 |
| Time loans on collateral | 265,260 00 |
| Loans to cities and towns | 11,450 00 |
| Notes and bills purchased | 100,000 00 |
| Overdrafts | 42 75 |
| Due from banks, etc. | 84,432 85 |
| Cash on hand | 1,800 00 |
| Checks and cash items | 12,077 45 |
| Other assets | 6,736 25 |
| | \$939,550 66 |

LIABILITIES.

| | |
|-----------------------|--------------|
| Capital stock paid in | \$100,000 00 |
| Surplus fund | 30,000 00 |
| Undivided profits | 28,280 75 |
| Time deposits | 471,094 86 |
| Demand deposits | 83,494 66 |
| Other liabilities | 4,081 40 |
| | \$939,550 66 |

STATE OF NEW JERSEY, COUNTY OF ESSEX, ss:
WILLIAM H. WHITE, President, and JOSEPH H. DODD, Treasurer, of the above named company, being severally duly sworn, each for himself, depose and say that the foregoing statement is true, to the best of his knowledge and belief.

WILLIAM H. WHITE, President.
JOSEPH H. DODD, Treasurer.
Subscribed and sworn to before me this twelfth day of April, A. D. 1906.
CHAS. S. ANDREWS,
Notary Public for N. J.

Correct—Attest:
EDWIN M. WARD,
JOHN SHERMAN,
EDWARD D. FARMER, } Directors.

REPORT OF THE CONDITION OF

the Bloomfield National Bank, at Bloomfield, in the State of New Jersey, at the close of business, April 6, 1906.

| RESOURCES. | Amount. |
|---|----------------|
| Loans and discounts | \$368,540 96 |
| Overdrafts, secured and unsecured | 431 14 |
| U. S. bonds to secure circulation | 40,000 00 |
| Bonds, securities, etc. | 406,517 45 |
| Banking-house, furniture & fixtures | 39,000 00 |
| Due from National Banks (not re-served agents) | 240 80 |
| Due from State Banks (not re-served agents) | 528 84 |
| Due from approved reserve agents | 200,824 26 |
| Checks and other cash items | 819 97 |
| Other cash items | 1,458 50 |
| Fractional paper currency, nickels and cents | 544 00 |
| LAURENCE J. DODD, Cashier, for N. J. | |
| Special deposits | 45,974 20 |
| Legal-tender notes | 12,070 00 |
| Redemption fund with U. S. Treasurer (5 per cent. of circulation) | 2,500 00 |
| Total | \$1,215,077 65 |

| LIABILITIES. | Amount. |
|---|----------------|
| Capital stock paid in | \$50,000 00 |
| Surplus fund | 10,000 00 |
| Undivided profits, less expenses and taxes paid | 40,000 35 |
| National Bank notes outstanding | 47,350 00 |
| Due to other National Banks | 12,411 64 |
| Due to State Banks and bankers | 2,511 00 |
| Due to Trust Companies and Sav. | 15,716 94 |
| Individual deposits subject to check | 1,025,944 11 |
| Demand certificates of deposit | 547 80 |
| Certified checks | 10,462 30 |
| Cashier's checks outstanding | 264 11 |
| Total | \$1,215,077 65 |

STATE OF NEW JERSEY, COUNTY OF ESSEX, ss:
LAURENCE J. DODD, Cashier of the above named bank, do solemnly swear that the above statement is true to the best of his knowledge and belief.
LAURENCE J. DODD, Cashier.
Subscribed and sworn to before me this 11th day of April, 1906.
ARTHUR RUSSELL,
Notary Public for N. J.

Correct—Attest:
G. LEE STOUT,
THOMAS OAKES,
HENRY F. DODD, } Directors.

Miss Cornelia D. Milner,
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Civilization begins in the home. Civic virtues are reflections of a good bringing up. The mother who has too many household problems sometimes is obliged to allow her children to "come up." Use a gas range and save the hours heretofore spent in cleaning up ashes, carrying coal, blacking stoves, and scrubbing generally. Prices \$9.50 to \$15.00. \$2.00 down; \$2.00 a month. Connections free.

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